

The Alliance News



Operation: Community Access

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Vision

Our vision is for self-advocates to work together to get the support we need to live the life we want in the community.

Mission

Our mission is to speak up for ourselves and each other while working together to make changes in our communities and in Illinois.

The Alliance is proud to be an Initiative of the Illinois Council on Developmental Disabilities

Did you

SPEAK UP AND SPEAK OUT

today?

If yes, you are a champion!

If no, what are you waiting for?

Speak Up and Speak Out Every Day!

Illinois Self-Advocacy Alliance

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Find us on Facebook at Illinois Self-Advocacy Alliance

Speak Up and Speak Out Summit Recap Webinar!

Tuesday, November 21, 2017 10am CST



Please register for Speak Up and Speak Out Summit Rewind on Nov 21, 2017 10:00 AM CST at:

<https://attendee.gotowebinar.com/register/6005855046876546820>

Join us for a Speak Up and Speak Out rewind, revisiting some of your favorite presentations and experiences. Come share your favorite moments of the conference and let us know what we could do to make it better next year. SUSO Summit Rewind will be led by Tara Wickey, The Alliance's Community Organizer.

"Show Me the Money: Fundraising for Your Self-Advocacy Group" Webinar Recording Recorded Live on Tuesday, October 17, 2017



If you have ever wanted to put on a fundraiser for your self-advocacy group, but aren't sure where to start, this is the webinar for you! We will go over some fundraising ideas, how to develop an action plan for your fundraiser, and hear stories from self-advocates who have done fundraisers.

View Show Me the Money: Fundraising for Your Self-Advocacy Group webinar recording at

<https://attendee.gotowebinar.com/recording/5017719556004764163>



Based on what was created by the HCBS Advocacy Coalition, of which The Arc of the United States is a part, we have put together a call for stories about the importance of life in the community and how Medicaid HCBS funds support a full life in the community. The blog that includes the call for stories can be found here: <https://blog.thearc.org/2017/10/24/community-matters-for-all/>

The blog includes the link to the blank form as well. We would like to collect as many stories from all over the country to continue to attach faces and stories to the services that continue to be at risk, including new threats to the HCBS Rule.

The Network Christmas Cookie and Candy Swap

December 5, 2017

4 – 5.30pm

Impact CIL's East Room

2751 East Broadway Alton, Illinois 62002

Bring a container, cookies or candy to swap, and \$5.00.

Contact Amy at 618.474.5324 to RSVP.



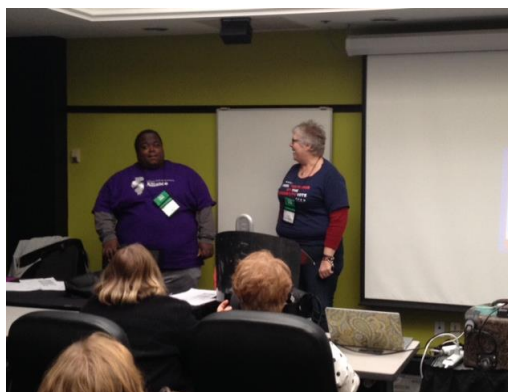
On October 26, Melissa and Kimberly, self-advocates, presented "It's Our Power" webinar.

For more than a year, SACIS (Sexual Assault Counseling and Information Service) in Charleston, IL has been facilitating a monthly women's empowerment group at CTF Illinois' Advocacy Center. Melissa and Kimberly were the experts as they, along with SACIS' Community Prevention, taught participants about the group, what they've learned in the group and from each other, and ideas on starting an empowerment group in your community.



Members of The Network self-advocacy group invite participants to get to know them!

SPEAK UP AND SPEAK OUT



Alliance board member Tavarus Wesley and Alliance staff Leanne Roth share about the power of voting.



Members of People 1st Aktion Club and Friends Helping Friends share about making a difference.



Alliance Ambassadors makes their voices heard!

Join an Advisory Board about Mental Health for Young Adults with Disabilities

What is this project about?

We want to find out what works best for young adults with Intellectual and Developmental Disabilities (I/DD) who have mental health conditions like anxiety, depression, or schizophrenia.

We are looking for five young adults who:

- Are 18-30 years old
- Have an Intellectual or Developmental Disability
- Have a mental health diagnosis or receive: counseling, therapy, psychotropic medication, ECT (electroconvulsive therapy)
- Come from different backgrounds

Advisory board member will:

- Attend monthly meetings on the phone or online for 1 hour
- The project is from November 2017 and September 2018
- Tell doctors and therapists what young adults with I/DD want to know about mental health treatments.
- As a thank you for your hard work, you will receive \$500

Want to learn more?

Please email Jessica at Boston University at: yellbulab@gmail.com or call us at 617-353-7492. **Please contact us by November 3, 2017.**

We will pick advisory board members by November 15, 2017.

This work is funded through a Patient-Centered Outcomes Research Institute (PCORI) Award (#7675658-A)



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