

# Illinois Self-Advocacy Alliance

## The Alliance News

Issue #112

August 2021



Illinois Self-Advocacy  
Alliance

wellness  
leadership  
speak out  
all legislative future  
rally call to action  
empowerment  
alliance  
activating rights  
learning  
advocacy  
speak up

### The Alliance's Summer 2021 Empowerment Rally: Activating Advocacy for All

The Alliance and self-advocates around Illinois learned with and from each other about Self-Advocacy, Leadership, Rights, Empowerment, Wellness, and much more at the Summer 2021 Rally: Activating Advocacy for All held Monday, July 19 - Friday, July 23, 2021.

Check out each day's information including presentation slides, presentation recording, and handouts by clicking this [link](#).

### Our Vision

Our vision is for self-advocates to work together to get the support we need and to live the life we want in the community.

### Our Mission

Our mission is to speak up for ourselves and each other while working together to make changes in our communities and in Illinois.



In partnership with the Illinois Council on Developmental Disabilities. This communication is supported in part by grant number CFDA 93.630 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

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Find us on Facebook at Illinois Self-Advocacy Alliance

## Upcoming Webinar



### **“Let’s Learn About CILs (Centers for Independent Living)”**

Wednesday, August 19, 2021

10 – 11am

Join [here](#) - Meeting ID: 841 9724 5322. Passcode: 123571.

This webinar will provide an introduction to centers for independent living or CIL's. What is a Center for Independent Living? What do they provide and how can they be a resource to people with intellectual and developmental disabilities?

Join us for this informative and engaging webinar where you will hear from representatives from centers for independent living from across Illinois.

### **Healthy Living Chit Chat: Mindfulness Recorded Live on August 10, 2021**

Check out the recording [here](#).



Join us for the next Healthy Living Chit Chat on Tuesday, September 14, 2021 at 11am. Join [here](#) - Meeting ID: 856 6483 8795. Passcode: 774892.

**WE NEED YOU!**  
**TO MAKE IT HAPPEN**

Contribute to The Alliance newsletter each month. Share your ideas, hopes, dreams, success stories and challenges with The Alliance. You can send an article, a poem, a piece of artwork, photography, write a column, or ask a question. Send your content to [info@selfadvocacyalliance.org](mailto:info@selfadvocacyalliance.org).



## Relationships on Tap

Grab yourself a beverage and join The Alliance for our monthly series, "Relationships on Tap!"

These monthly gatherings are held on the 3<sup>rd</sup> Friday of the month, and will be a time for individuals with disabilities to ask questions, learn and explore the topic of healthy relationships. All conversations will be confidential.

**Friday, August 20, 2021**                      **11am – 12noon**

Join [here](#) - Meeting ID: 833 7192 3451. Passcode: 952740.

**Friday, September 14, 2021**                      **11am – 12noon**

Join [here](#) – Meeting ID: 850 1204 1040. Passcode: 379119.

## Calling All Self-Advocacy Group Advisors!



Join Alliance Advisors as they meet to learn with and from each other on monthly topics related to self-advocacy and self-advocacy groups. All self-advocacy group advisors are welcome to join! You do not need to be an Alliance member group advisor to join the monthly advisors meeting.

**Monday, August 23, 2021 2 – 3pm**

Join [here](#) - Meeting ID: 870 3201 0272. Passcode: 145031.



**These Zoom Meetings are run by Self-Advocates from across the country for our peers and allies.  
Every Monday and Thursday**

**SARTAC Zoom Meetings**  
12noon Central Time (in Illinois)

Join on computer, tablet or smartphone  
<https://zoom.us/j/324815633> or call 1-929-436-2866  
Meeting ID: 324 815 633

[Click Here](#) for handouts shared during Zoom Meetings



**Chester Finn & Emily Rogers**



**August 16 - Monday**

**What Can You Do as a Citizen to Educate Legislators?**

- Learn the different levels of involvement
- How do you get involved in public policy as an advocate?
- Meeting with your legislators

**Continued on next page**

## SARTAC Zoom Meetings continued



**August 19 - Thursday**  
**No More  
 Institution**  
**True Inclusion:  
 A 10 Year  
 Self Advocacy  
 Journey**

The state provided Western New York self-advocates with an office located in an old institution with no bus service. They advocated for the offices to be moved. This year marks the final step in a 10-year journey - the signing of a lease for a satellite office on a bus line, in a collaborative space with other community organizations.



**August 23 - Monday**

**How Self-Advocates Define  
 "Who's in Control" of  
 Community Services**

Who's in control of our services? How can we keep support workers from taking over our lives? What does self-determination look like? These important questions can be hard to answer. ASAN and self-advocates came up with questions to find out who's in control. Get a sneak peek at this new resource!

**Continued on next page**

**"Advocate while you wait!"**

Alliance Summer 2021 Rally

## SARTAC Zoom Meetings continued



**August 26**

**Thursday**

**Working with your  
Support Staff**

People with disabilities have problems finding and keeping support staff. SARTAC members will talk about natural and paid supports and how they play a role in their lives.

Check out the most current information on SARTAC meetings by visiting The Alliance's Facebook page [here](#).



SABE's Autism Now team has presented webinars on a variety of disability-awareness and self-advocacy topics, including Allies and Advisors, College, Dating, Parenting, Voting and more. You can listen to the webinars and also download a copy of each PowerPoint.

Check out the webinars [here](#).