

Illinois Self-Advocacy Alliance

The Alliance News

Issue #103

November 2020



Welcome Human Support Services (HSS) – Self-Advocacy Committee

Located in Waterloo, Illinois, the HSS Self-Advocacy Committee is always working to speak up and speak out! The Committee's goals include:

- Participate in the Alliance's Ambassador Leadership Program
- Meet elected officials in Springfield at the Capitol or meet using virtual technology
- Conduct a webinar/presentation for a conference on self-advocacy
- Review and revise current current centered practices

**Welcome HSS Self-Advocacy Committee!
We are excited to learn with and from you!**

Illinois Self-Advocacy Alliance
P.O. Box 666 Park Forest, Illinois 60466
Email: info@selfadvocacyalliance.org
Website: www.selfadvocacyalliance.org
Find us on Facebook at Illinois Self-Advocacy Alliance

Our Vision

Our vision is for self-advocates to work together to get the support we need and to live the life we want in the community.

Our Mission

Our mission is to speak up for ourselves and each other while working together to make changes in our communities and in Illinois.



This newsletter was developed under an investment of the Illinois Council on Developmental Disabilities



Self Advocates Becoming Empowered (SABE) is collecting personal experiences of voters with disabilities for the 2020 Election. Learning about these experiences can help election officials improve their voting services and help disability organizations figure out where to focus their voter education.

English: <https://www.surveymonkey.com/r/SABEGoVoter2020survey>

Spanish: <https://www.surveymonkey.com/r/SABEGoVoter2020surveySPA>

Upcoming Webinar

"Eating Healthy & Finding Your Zen: Tips for Healthy Living and Reducing Stress"

Wednesday, December 9, 2020 at 10am



Join us for this engaging and informative webinar to get tips on healthy living and cutting down stress in these times of COVID and social distancing. We will also share ideas on staying healthy while enjoying holiday celebrations too. Presenters: Curtis Harris, Patty Dietz, and Jae Jin Pak.

Please register [here](#).

This webinar will be recorded and placed on The Alliance's website.

In partnership with the Illinois Council on Developmental Disabilities. The Alliance was supported, in part by grant numbers 19/2001ILSCDD-02, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



SARTAC Zoom Meetings

12noon Central Time (in Illinois)

Join on computer, tablet or smartphone

<https://zoom.us/j/324815633> or call 1-929-436-2866

Meeting ID: 324 815 633

Monday - November 16



New ways to celebrate Thanksgiving!
Plus reminders of how to stay safe during the holidays

Thursday - November 19

Requesting Accommodations when you go to a hospital

plus sign up for our



November 23

Building Strong Coalitions

Causing Good Trouble: This Is What a Coalition Is All About



November 30

Building Strong Coalitions

Who Do We Want To Bring To the Table?



See next page for more SARTAC Zoom Meetings

SARTAC Zoom Meetings continued

<p>December 3</p> <p>Building Strong Coalitions</p>  <p>Identifying Your Group's Strengths and Weaknesses</p>	<p>December 7</p> <p>Building Strong Coalitions</p> <p>If You Are Strong Enough To Be a Member, Sign On the Dotted Line</p> 
<p>December 10</p> <p>Building Strong Coalitions</p> <p>How To Run a Coalition Meeting</p> 	<p>December 14th</p>  <p>What is a Position Statement and how do you write one</p>

Recorded Webinar

“Demanding a Livable Wage: An Introduction to the Chicago Disability Activism Collective (CDAC) SSI Campaign”

Recorded live on Thursday, October 21, 2020



Interested in learning about what we can do to increase SSI (Supplemental Security Income) for people with disabilities in Illinois? Join the Chicago Disability Activism Collective (CDAC) as they introduce their new SSI Justice campaign. Learn about the history of SSI, how SSI is related to health disparities and what you can do to increase the amount of SSI people with disabilities receive in Illinois.

View the recording [here](#).



Check out these upcoming WOW Meetings and the topics for the rest of the year, and please share these with everyone you know! WOW Meetings will be held on Thanksgiving Day, Christmas, and New Year Eve. We are totally up for having a special meeting on Christmas Day if enough people want us to. When we say Holiday Traditions we are including Hanukkah, Kwanzaa, Winter Solstice and any other holidays during this season you think people would enjoy learning about! WOW Meetings are recruiting guest speakers!!!

Tuesday, November 24, 2020 at 2pm
What We Like About Thanksgiving!

Thursday, November 26, 2020 at 2pm
What We Like About Thanksgiving!

Tuesday, December 1, 2020 at 2pm
Budgeting and Holiday Wish List

Thursday, December 3, 2020
Budgeting and Holiday Wish List

See next page for more Weekly WOW Meeting information

Tuesday, December 8, 2020 at 2pm
What Are Your Favorite Holiday Movies?

Thursday, December 10, 2020
What Are Your Favorite Holiday Movies?

Tuesday, December 15, 2020 at 2pm
Holiday Song Sing-a-Long!

Thursday, December 17, 2020
Holiday Song Sing-a-Long!

Join Zoom Meeting

<https://us02web.zoom.us/j/81069446373>

Call in 1-312-626-6799

Meeting ID: 810 6944 6373

Thanks again to ICDD (Illinois Council on Developmental Disabilities) and the Arc of Illinois for their support of the WOW Meetings.

WE NEED YOU!
TO MAKE IT HAPPEN

Contribute to The Alliance newsletter each month. Share your ideas, hopes, dreams, success stories and challenges with The Alliance. You can submit an article, a poem, a piece of artwork, photography, write a column, or ask a question.

Let us know if you have any questions. Submit your content to info@selfadvocacyalliance.org.

Mobilizing Support for People with Disabilities Who Experience Sexual Violence

“People with disabilities experience domestic and sexual violence at alarming rates. Yet they are less likely to receive services, supports, and justice than their counterparts without disabilities receive.”

(Forging New Collaborations, A Guide for Rape Crisis, Domestic Violence, and Disability Organizations, VERA Institute on Justice, April 2011)

❖ **People with disabilities experience sexual violence more than 3 times higher than people without disabilities.**

(Bureau of Justice Statistics, U.S. Dept. of Justice, 2017)

❖ **People with intellectual and/or developmental disabilities experience sexual violence more than 7 times higher than people without disabilities.**

(NPR Abused & Betrayed Series, January 2018)

Let's Mobilize To Do Something About This!

The Illinois Self Advocacy Alliance is excited to collaborate on the AAPD (American Association of People with Disabilities) 2020 Paul G Hearne Leadership Award to engage survivors with disabilities, rape crisis centers, service providers, professionals and advocates in doing collaborative regional and statewide work aimed at improving services, policies and opportunities for people with disabilities who have experienced sexual violence.



Healthy Relationships Talk

Thursday, December 3, 2020 from 6 - 7.30pm CST

Register [here](#).

Let's talk about ableism, and finding as well as building healthy relationships. Let's talk about ableism, and finding as well as building healthy relationships. This workshop will be presented by Sexologist and educator [Bianca Laureano](#), Danielle Boachie from [The Network](#) and Activist Carrie Kaufmann.

Art & Trauma Recovery Event

Tuesday, December 8, 2020 from 6 - 7.30pm CST

Register [here](#).

Join Laura Kinter, Executive Director of [Awakenings Gallery](#), whose mission is to make visible the artistic expression of survivors of sexual violence. We will also be joined by survivors who will share their artwork and discuss ways art can aid in trauma recovery.

Disability & Bisexuality

Wednesday, December 9, 2020 from 12noon - 1.30pm

Register [here](#).

Facilitated by Dr. Kate Caldwell, this presentation will celebrate the intersection between disability and bisexuality and discuss overlapping experiences of pride, coming out, invisibility and erasure as well as health and mental health disparities that have been found in recent research. Dr. Caldwell will also discuss the impact of intimate partner violence on these communities and where they intersect.

Healthy Sexuality & Sexual Expression Panel Discussion

Thursday, December 17, 2020 from 6 - 7.30pm CST

Register [here](#).

Panel participants include [Robin Wilson-Beattie](#) (she/her) who is a Black disabled sex educator and parent; Advocates [TJ Gordon](#) and [Brittany King](#); and Searah Deysach from [Early to Bed](#), a feminist, sex-positive sex shop for everyone located in Chicago, Illinois.

If you have questions, please contact Tara Ahern, The Alliance's Project Director, at tara.advocacy@gmail.com.