

Illinois Self-Advocacy Alliance

The Alliance News

Issue #118

February 2022



These TEN TIP SHEETS were written by self-advocates. They will help your self-advocacy group run smoothly. Each tip sheet is 1-page and comes in English, Spanish, and Mandarin Chinese.

- Tip Sheet #1 – What is an Issue
- Tip Sheet #2 – What is self-advocacy
- Tip Sheet #3 – Good Leaders and Officers
- Tip Sheet #4 – Beliefs Values and Principles
- Tip Sheet #5 – Ways of Working on Issues
- Tip Sheet #6 – How Do You Find An Advisor
- Tip Sheet #7 – Successful Self-Advocacy Groups
- Tip Sheet #8 – Ways to Support Self-Advocacy Groups
- Tip Sheet #9 – Self-Determination
- Tip Sheet #10 – Advisors

Click [HERE](#) for Tip Sheets.

Illinois Self-Advocacy Alliance
P.O. Box 666 Park Forest, Illinois 60466
Email: info@selfadvocacyalliance.org
Website: www.selfadvocacyalliance.org
Find us on Facebook at Illinois Self-Advocacy Alliance



Our Vision

Our vision is for self-advocates to work together to get the support we need and to live the life we want in the community.

Our Mission

Our mission is to speak up for ourselves and each other while working together to make changes in our communities and in Illinois.



In partnership with the Illinois Council on Developmental Disabilities. This communication is supported in part by grant number CFDA 93.630 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.



Resources for Adults with High Functioning Autism

Carol Gray, first defined Social Stories in 1991 as a story which describes a situation, skill, or concept in terms of social cues, perspectives, and common responses in a specific style and format. The overall goal of a Social Story is to share accurate information in a reassuring manner that can be easily understood by its target audience. A Social Story describes a target behavior within a given situation, through which the individual's improved understanding of the events and expectations may lead to a more effective and appropriate response.

We have developed social stories within the following areas: Family Social Situation, Errands, and Work Situations.

Check out the social stories [here](#).

WE NEED YOU!
TO MAKE IT HAPPEN

Contribute to The Alliance newsletter each month. Share your ideas, hopes, dreams, success stories and challenges with The Alliance. You can send an article, a poem, a piece of artwork, photography, write a column, or ask a question. Send your content to info@selfadvocacyalliance.org.

PUBLIC WEBINAR: Illinois Legislation, Policy, and Advocacy News!

Date: Monday, February 28, 2022

Time: 1 - 3.30pm Central Time

Who is invited: Everyone!

This virtual webinar will provide attendees with an overview of proposed bills in the 2022 Illinois General Assembly that are relevant to the Developmental Disability community in Illinois. Attendees will also receive updates and information on:

- Legislative session schedule
- Important committees and leaders
- Bills that have been introduced
- ICDD: who we are and what we do
- Governor Pritzker's Budget breakdown
- Federal legislation/policy updates
- Advocacy recommendations

[Register](#)

Presenters include:

- Curtis Harris, Self-Advocate
- Phil Milsk, Attorney
- Mariel Hamer-Sinclair, Illinois Council on Developmental Disabilities (ICDD)

Learn more about ICDD by visiting the website [here](#).

Arc of Illinois Consumer Stipend Program



The Arc of Illinois, through a grant from the Illinois Council on Developmental Disabilities, administers the [Consumer Stipend Program](#). This program provides financial assistance for individuals with developmental disabilities and their family members to attend conferences of their choice that are directly related to developmental disability issues. These funds can be used to cover, or partially cover, the cost of registration, hotel, transportation, child care, respite care, and more. You can also use the Consumer Stipend Program to cover the cost of virtual conferences.



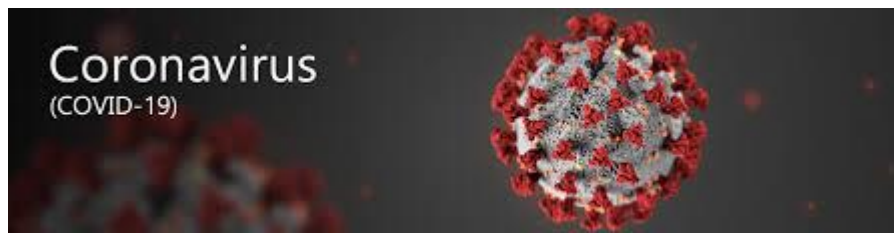
Calling All Artists!

The Arc of Illinois 21st Annual Art Exhibit and Contest

The Exhibit will be displayed on The Arc of Illinois Annual Convention Microsite on Friday, April 8 - Friday, April 15, 2022.

Judging for first, second, and third place awards will be done by conference attendees. Prizes will be awarded Friday, April 15, 2022 and are determined by the number of votes received. Each participating artist will receive an honorable mention ribbon and certificate.

Click [here](#) for more information



There are different kinds of the COVID-19 virus. They are called variants. The Delta variant can spread more easily than the original virus, which is dangerous. That's why we have released a video and fact sheet about the COVID-19 Delta variant and other variants.

This video answers questions like:

- What is the Delta variant?
- Will there be other variants?
- What is a breakthrough case?
- Does the vaccine still keep me safe?
- Why do things keep changing?

Information is available in both English and Spanish. Click [here](#) to see the Fact Sheets and Videos.

Thanks to the Autistic Self Advocacy Network (ASAN) for this information!
You can check out [ASAN](#) here.



NOTHING ABOUT US WITHOUT US



The Great Lakes ADA Center in collaboration with the ADA National Network invites you to register for the upcoming ADA Audio Conference Webinar titled **"The Intersection of Race and Disability"**, featuring Timotheus "T.J." Gordon, Jr, Research Assistant, Institute of Disability and Human Development, University of Illinois Chicago.

Date: Tuesday, February 15, 2022

Time: 1 - 2.30pm Central Time

Format: Zoom Webinar Platform (closed captioning will be provided via Zoom and Stream Text link option)

Cost: No Charge

Registration Link: [HERE](#)

Registration Deadline: Monday, February 14, 2022

The lived experience of disability varies, both among people with disabilities and among racial and ethnic groups. Dr. Kimberle Crenshaw coined the term "Intersectionality" to describe the experience of living with multiple identities (gender, race, culture, disability, gender identity, sexual orientation, immigration status, etc.). While there has been conversation about some intersections (like race and gender) there have been other experiences that are often overlooked. This session will look at the experience of people of color who have disabilities. Participants will have an opportunity to ask the speaker questions following the presentation.

Questions should be directed to webinars@adaconferences.org.



SARTAC Zoom Meetings
12noon Central Time (in Illinois)

- Join on computer, tablet or smartphone
- <https://zoom.us/j/324815633>;
- Call 1-929-436-2866, Meeting ID: 324 815 633; OR
- Go to www.zoom.us, click on Join a Meeting, and enter 324 815 633

[Click Here](#) for handouts shared during Zoom Meetings



February 10 Meeting
Direct Support Workforce

We need your ideas! Help Max and Hasan write a blog about your issues and concerns.

February 17 Meeting

Is Your Love Life In Jeopardy?

Learn more about relationships in a fun and carefree way by playing the game JEOPARDY. We will share this game with you to use with your self-advocacy groups!



February 24 Meeting

Getting a New Job

Are you looking to make a change in 2022? Hear from self-advocates who are working a job they love. Get tips on how to find a job and get the support you need to make it happen.