

# Illinois Self-Advocacy Alliance

## The Alliance News

Issue #127

November 2022



### Let's Get Ready for the Holidays

As you get ready for the holidays, check out this recorded webinar:

#### "Safely Connect During the Holidays"

Recorded live on Tuesday, December 7, 2021

During the webinar, self-advocate Jen B. shared how to "Safely Connect During the Holidays" including

- Ideas for celebrating the holidays without in-person contact with your faith community, co-workers and friends, and your family
- Suggestions for COVID-19 precautions to put in place for any in-person celebrations

View the recording [here](#).

### Our Vision

Our vision is for self-advocates to work together to get the support we need and to live the life we want in the community.

### Our Mission

Our mission is to speak up for ourselves and each other while working together to make changes in our communities and in Illinois.



In partnership with the Illinois Council on Developmental Disabilities. This communication is supported in part by grant number CFDA 93.630 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

Illinois Self-Advocacy Alliance

P.O. Box 403 Glen Carbon, Illinois 62034

Email: [info@selfadvocacyalliance.org](mailto:info@selfadvocacyalliance.org)

Website: [www.selfadvocacyalliance.org](http://www.selfadvocacyalliance.org)

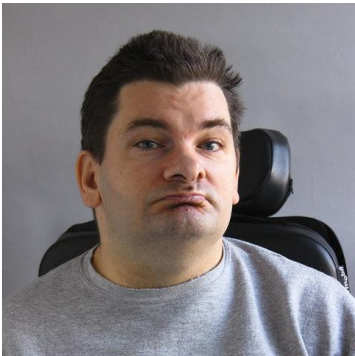
Find us on Facebook at Illinois Self-Advocacy Alliance

## Webinar Recording

### **“View of the Arts and Listen to Poetry about Fall”**

Thursday, November 10, 2022

View the recording [here](#) and the slides [here](#).



Chicago artist Christopher Viau is committed to following the path creativity revealed to him. A technically accomplished artist, Christopher isn't focused on just one style or media. Instead, he allows the inspiration and concept that comes from the piece to guide him to the right materials that will communicate his message. Christopher is also an accomplished poet, having published two books of original poems. Join artist and poet Chris Viau as he shares his artwork and poetry about fall.



Looking at the Colors by Chris Viau

**WE NEED YOU!**  
TO MAKE IT HAPPEN

Contribute to The Alliance newsletter each month. Share your ideas, hopes, dreams, success stories and challenges with The Alliance. You can send an article, a poem, a piece of artwork, photography, write a column, or ask a question. Send your content to [info@selfadvocacyalliance.org](mailto:info@selfadvocacyalliance.org).



### **SARTAC Zoom Meetings**

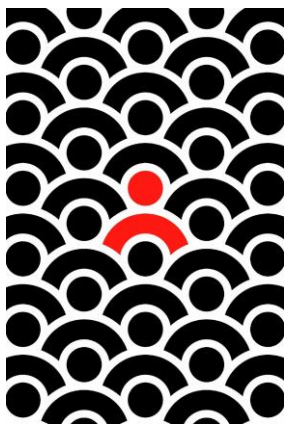
12noon Central Time (in Illinois)

Join on computer, tablet or smartphone

<https://zoom.us/j/324815633> or call 1-929-436-2866

Meeting ID: 324 815 633

[Click Here](#) for handouts shared during Meetings



### **Thursday, November 17 - What is Leadership?**

Leadership is about what we do. It's not about the role we are in. For example, our groups have presidents and chairs. Leadership is not about your title but really about what actions you take when you are in that job to create change.



### **Thursday, November 24 – No Meeting**

We are grateful to be a part of such a wonderful, supportive, and loving self-advocacy family!

Continued on Next Page



## Thursday, December 1 – Fellowship Opportunities

A SARTAC Fellowship is like an internship. It is for 1 year. You find an organization to work with. You pick a project to do that will improve your leadership skills. You work on your project for about 6 hours each week. SARTAC pays you \$5,000 to complete your project.



## Thursday, December 8 – Mini Grants

SABE has **\$4000 Grants** available for self-advocacy groups in 10 states. Get people with disabilities the facts about different kinds of vaccines.



## Thursday, December 15 – Internet Scams

What are the Top Scams to watch out for online? What can you do if someone is scamming you on the internet? Don't let them ruin your life.



**Advocating for what you want and need is important. If you don't speak up and speak out for it, people think you don't need it!**

Envision Illinois invites  
**Self-Advocates and Disability Service Providers**  
to learn about the



**Peer to Peer:  
Bridging the Gap  
Through Self-Advocacy  
Curriculum**

**Thursday, December 8, 2022  
10 – 11am Central Time**

The Peer to Peer: Bridging the Gap through Self-Advocacy curriculum was designed to provide self-advocates with the information and tools needed to support survivors and to act as a bridge between the survivor and the programs in the community designed to serve them. Self-advocates will learn peer support skills and information through in person learning labs and online virtual tracks:

- Basic (4 classes)
- Domestic Violence (3 classes)
- Sexual Assault (3 classes)
- Justice (3 classes)

Leslie Myers, one of the Peer to Peer authors, will talk about the curriculum and how it is designed for interactivity, both online and in person. Ask questions, share comments, and if you want to participate in the FREE Peer to Peer curriculum, we will help you sign up and get the journey started! Check out the Peer to Peer: Bridging the Gap through Self-Advocacy curriculum [here](#).

For questions or to register, please contact Krescene Beck at [krescene@selfadvocacyalliance.org](mailto:krescene@selfadvocacyalliance.org) or Mary Hettel at [mhettel2022@gmail.com](mailto:mhettel2022@gmail.com).



**Envision Illinois**

Uniting disability and domestic violence services for  
people to achieve Safety, Justice, and Healing

Learn about Envision Illinois [here](#).

Grant No. 2017-FW0-AX-K003  
Awarded by the Office on Violence Against Women  
United States Department of Justice